Resources for the Liturgy of the Hours

The USCCB website provides a general introduction to the Liturgy of the Hours: https://www.usccb.org/prayer-and-worship/liturgy-of-the-hours

Laudis canticum (November 1, 1970) is the apostolic constitution of Pope Saint Paul VI promulgating the new Divine Office as revised after the Second Vatican Council: https://www.liturgyoffice.org.uk/Resources/Rites/Laudis_canticum.pdf

The Congregation for Divine Worship wrote a *General Instruction for the Liturgy of the Hours* promulgated on February 2, 1971. It provides a very thorough examination of all aspects of the Divine Office: https://catholic-resources.org/LoH/LiturgyOfTheHours-GeneralInstruction.pdf

New Testament professor Fr. Felix Just, SJ created a website that provides an overview of the texts used, biblical and non-biblical, while praying the Liturgy of the Hours: https://catholic-resources.org/LoH/

Fr. Timothy Gallagher, OMV produced an eight episode podcast series introducing all the different aspects of the Divine Office: https://www.discerninghearts.com/catholic-podcasts/fr-timothy-gallagher-praying-the-liturgy-of-the-hours/

CatholicTV, a media ministry of the Archdiocese of Boston, produces daily videos that allow Catholics from all across the world to pray Lauds, Vespers, and Compline with Bishop Robert Reed: https://www.catholictv.org/divine-office.html