

**PRAYER TO ST. JOSEPH**  
*from Patris Corde*

Hail, Guardian of the Redeemer,  
Spouse of the Blessed Virgin Mary.  
To you God entrusted his only Son;  
in you Mary placed her trust;  
with you Christ became man.  
Blessed Joseph, to us too,  
show yourself a father  
and guide us in the path of life.  
Obtain for us grace, mercy and courage,  
and defend us from every evil.

Amen.

The Year of St Joseph Patch Program is  
available in the AHGstore.

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# YEAR OF ST. JOSEPH PATCH PROGRAM

Pope Francis, in his apostolic letter, *Patris Corde*, dedicated the 2020-2021 liturgical year as the Year of St. Joseph to commemorate the 150th Anniversary of the proclamation of St. Joseph as the Patron of the Universal Church. Through the intercession of St. Joseph, discover how St. Joseph's joyful obedience and his unwavering protection were a display of reverence and loyalty. Learn through his example how you too can live a life of reverence and loyalty through your obedience to God and love for others.

*The Year of St Joseph Patch Program FAQ and additional Resources are located on  
AHGresource>Program Programs>Year of St Joseph*

# YEAR OF ST. JOSEPH PATCH PROGRAM



To earn the Year of St. Joseph Patch, complete all the requirements on the ALL Program Levels and your Program Level requirements

## ALL PROGRAM LEVELS *(complete all)*

1. Learn why St. Joseph was declared Patron Saint of the Universal Church by Pope Pius IX. Share what you discovered with your Troop, Unit, or family.
2. With your parent, guardian, or Unit Leader, read the conclusion of Pope Francis' apostolic letter *Patris Corde* after paragraph seven. Create a poster or piece of artwork with the Prayer to St. Joseph from the apostolic letter. Recite this prayer during your Troop or family prayer time.
3. Pray the Litany to St. Joseph for one week. In a journal, write, or draw about five of the virtues of St. Joseph that you learned about in the litany. How does understanding these virtues help you know more about the life of St. Joseph? Share what you learned with your Troop, Unit, or family.
4. View sacred images of St. Joseph and use one to create a homemade holy card or poster to use in a prayer space in your home. Reflect on which AHG Creed words St. Joseph emulated the most and list them on the back of your holy card or poster.
5. There are several feast days when we celebrate St. Joseph in the liturgical year. Choose one of them and research its significance regarding St. Joseph. Share what you learned with your Troop, Unit, or family. Additional option: Attend Holy Mass on your chosen feast day.

## PATHFINDER & TENDERHEART *(complete all)*

1. With the help of a parent, guardian, or Unit Leader, complete one of the following options while using Creed words that describe St. Joseph's character in your art:
  - Find and color a picture of St. Joseph or the Holy Family.
  - Create a collage that represents a man who has been a significant influence in your life (i.e., dad, grandfather, church member, family friend).
2. Read a story about St. Joseph and how God talked to him through his dreams. Draw a picture or act out one of St. Joseph's dreams.
3. Just as we must obey Christ, St. Joseph showed obedience to God his entire life. His obedience allowed him to carry out God's plan for his life and his family. With an adult, read the Scriptures listed about how St. Joseph obeyed God (Matthew 1:18-24, Matthew 2:13-15, 19-21, 22-23). Discuss with your parent, guardian, or Unit Leader, the importance of listening and obeying God's will. How does following God's will help us stay on the path to heaven? What happens when we stray from the path? Act out scenarios where being obedient is important.

## EXPLORER *(complete all)*

1. Read references to St. Joseph in the Old Testament and the New Testament- Genesis 37 and 41-45, and Matthew 1-2. Create a poster to explain what the phrase "Go to Joseph" means.
2. Learn about the life of St. Joseph by reading a book or watching a movie. Create your own presentation (play, PowerPoint, speech, poem, song) about the life of St. Joseph and how he lived out the virtues and AHG Creed words. Share with your Troop, Unit, or family.
3. Many people would not think of St. Joseph as a traditional leader. However, by his "eloquent silence" (see *Patris Corde*), St. Joseph is the ideal leader to emulate. How do we know what God wants us to be? How does obedience to God give us the freedom to do God's will? Think of a time when you chose to obey, even if it was difficult. Discuss what you learned from the experience with your parent, guardian, or Unit Leader.

## PIONEER & PATRIOT *(complete all)*

1. St. Alphonsus Liguori said, "...St. Joseph, who for thirty years conversed with Jesus Christ, and listened to His words of eternal life; who observed the perfect example which Jesus gave of humility and patience..." Join St. Joseph in the presence of Jesus Christ by spending an hour in Adoration. Devote part of the hour reflecting on the Seven Sorrows and Seven Joys to St. Joseph or pray the Memorare to St. Joseph. In the silence, ask God to guide you in hearing His voice. Commit to being patient as God prepares your heart for what He has planned for your future. How can you be obedient to God's will in your life?
2. St. Joseph is depicted in artwork and sacred images in many ways and with different symbols throughout history. With your Troop, Unit, or family, research sacred images of St. Joseph. Create a collage (paper or digital format) with eight of your favorite images and list as many Creed words as he portrayed in his life. Share why you chose them with your Troop, Unit, or family.
3. Scripture tells us that Mary was young, but we do not know the exact age of Joseph. Mother Angelica from EWTN was quoted to have said, "Old men don't walk to Egypt." Discuss with your Troop, Unit, or family how the vision of a younger Joseph would be important to his roles of a chaste husband, loving father, and diligent protector of Mary and Jesus.
4. Discuss with your Troop, Unit, or family the qualities of St. Joseph that made him a good husband and father. Journal a list of the similar qualities you will look for in a future husband including AHG Creed words. Recite the Memorare to St. Joseph for one week. Compare this prayer to the Memorare to Our Lady.