**AMS Virtual Advent Retreat 2022**

**Journal Questions**

Theme: *Making Space for the Real Presence of Jesus Christ*

1. In preparation for this Advent Season to celebrate the birth of Jesus, what will you add to your family life that will welcome the Real Presence of Christ each day?
2. What will you remove from your life to make a place for the Real Presence of Jesus each day?
3. What difficulties do you expect to encounter and how will you overcome them?
4. Jesus Christ enters into the harshness of the world to bring salvation and hope. How will you act as Christ in the world? To whom will you bring the good news of salvation and hope?

**Advent Stations: Office of the Ancestors of Christ**

**Journal Questions**

Station 1: What has God made new in me during this past year?

Station 2: How have I recognized that God has remembered me?

Station 3: When have I thanked God for the gift of salvation?

Station 4: How have I watched out for others recently? How have others watched out for me recently?

Station 5: What is my favorite way to praise God?

Station 6: How do I give thanks for God’s mercy?

Station 7: How do I find safety in the Blessed Virgin Mary during these days of Advent waiting?