

ADVENT STUDY RECOMMENDATIONS FROM THE AMS MISSIONARY DISCIPLESHIP TRAINERS

The AMS Missionary Discipleship Trainers have identified and shared these recommended Advent studies within the [Reach More](#) leader community. The resources listed below take into account how material will speak to individuals at different places on their faith journey.

TRUST AND CURIOSITY

- Adore study by Father John Burns: <https://www.avemariapress.com/products/adore>
- Mary of Nazareth film with companion book by Father Donald Calloway: <https://ignatius.com/mary-of-nazareth-film-and-book-special-combo-mnx/>

OPENNESS AND SEEKING

- Rejoice! Advent Pilgrimage into the Heart of Scripture by Fr. Mark Troups: <https://ascensionpress.com/collections/rejoice-an-advent-pilgrimage-into-the-heart-of-scripture-year-c>
- Prepare Your Heart study by Fr. Agustino Torres, CFR: <https://avemariapress.com/products/prepare-your-heart>

DECISION TO FOLLOW JESUS

- Prepare Your Heart: A Guided Advent Journal for Prayer and Meditation, Author: Fr. Agustino Torres, CFR: <https://www.avemariapress.com/products/prepare-your-heart>
- Encountering Emmanuel: A Guided Advent Journal for Prayer and Meditation, Author: Heather Khym: [Encountering Emmanuel | Ave Maria Press](#)
- ADVENT 2024 Becoming Pilgrims of Hope Daily Reflections, Practices and Prayers JANET SCHAEFFLER, OP: [ADVENT 2024 Becoming Pilgrims of Hope – Twenty-Third Publications \(twentythirdpublications.com\)](#)